

{RAW} Beet and Sweet Potato Salad



YIELD: 4-6 servings

PREP TIME: 10 minutes

Ingredients:

2 large sweet potatoes

1 bunch beets (3-4)

4 scallions

1/2 cup toasted pepitas (pumpkins seeds)

Garlic Lime Vinaigrette

Directions:

Peel the sweet potatoes and beets. Then use a spiralizer to cut the veggies into long curly strips.

Use a pair of kitchen shears to cut the pieces into manageable lengths.

Mix the beet and sweet potato ribbons together in a large bowl. Then cut the scallion tops on an angle to make long rings. Sprinkle the salad with scallions and pepitas. Serve with your favorite vinaigrette.